



Empowering Parents, Shaping Behaviour

One-to-one Parenting

Receive **FREE** personalised parenting support from our certified trainer



WHAT IS ONE-TO-ONE PARENTING?



Who can attend?

Parents with children living or studying in Woodlands/ Sembawang, who have 1-2 mild parenting concerns they'd like support with



Session format

Four engaging online sessions, each lasting 30-45 minutes



Types of issues we support

- Excessive screen time
- Managing difficult emotions
- Homework refusal
- Not following instructions
- Rudeness or disrespect
- Self-esteem/friendship issue

Limited slots available

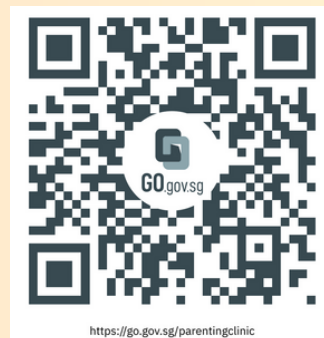
BOOK YOUR SESSIONS WITH US, TODAY!

CARE CORNER FAMILIES FOR LIFE

 **6978 4090**

 **ffl@carecorner.org.sg**

Supported by:



<https://go.gov.sg/parentingclinic>

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