

WELCOME



FUTURE-READY LEARNERS, ROOTED IN VALUES
SEMBAWANG PRIMARY SCHOOL

Briefing For Primary 1 Parents

2 January 2026



FUTURE-READY LEARNERS, ROOTED IN VALUES
SEMBAWANG PRIMARY SCHOOL

Principal's

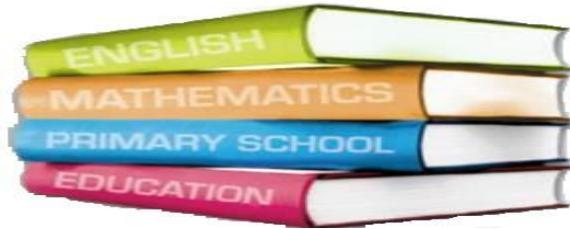
Welcome and Sharing



A Glimpse Into Curriculum

Purpose of Education

- Nurturing the Whole Child;
- Preparing for Citizenship & Work
- Preparing pupils to thrive in a fast-changing and globalised world



MOE Desired Student Outcomes

SELF-DIRECTED LEARNER

CONFIDENT PERSON

ACTIVE CONTRIBUTOR

CONCERNED CITIZEN



Future of Learning

A movement to transform *what and how our students learn* so that they are able to *thrive and harness opportunities* in our *rapidly changing world*

Strengthen 21CC



Reimagine learning spaces and partnerships to provide rich learning contexts

Educational Technology as capability multiplier



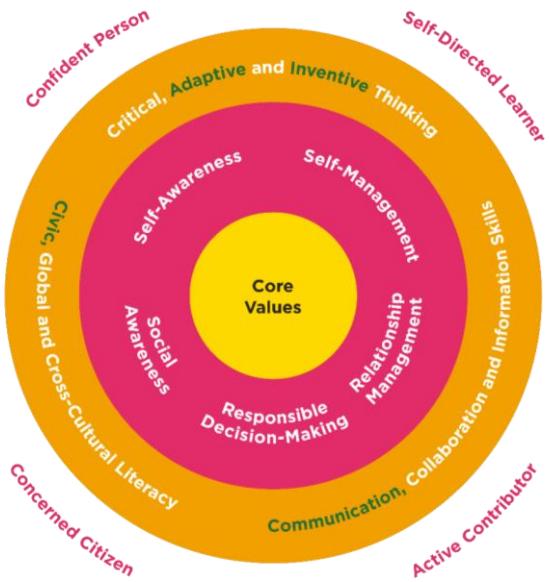
Enhanced Framework for 21CC

Adaptive Thinking

- **Confident** in navigating situations without established answers
- **Resilient** in the face of failure
- **Nimble** in responding to changing contexts

Civic Literacy

- **Discerning** to critically assess online information and evaluate societal issues holistically
- **Willing to act** with shared commitment and ideals when engaging with social and global issues, while remaining rooted in the Singapore context



Inventive Thinking

- **Curious** and **reflective** about what they learn, while being driven by a sense of purpose
- **Cognitively flexible** in approaching problem-solving

Communication

- **Courageous** and **spontaneous** in communicating ideas to persuade others
- **Open-minded** and **empathetic** when collaborating across cultures



Our SBPS Heartbeat



FUTURE-READY LEARNERS, ROOTED IN VALUES
SEMBAWANG PRIMARY SCHOOL

SBPS Heartbeat

Vision

Future-Ready Learners, Rooted in Values

Mission

Nurturing Future-Ready Learners in a Vibrant Community

Motto

The Best From Me

Values

Care, Gratitude, Integrity, Curiosity, Excellence, Resilience

Philosophy

We believe in providing a holistic education to help every child discover joy of learning in a safe and caring environment.



Our School Logo



The **star** symbolises the school's belief that every child is a winner.

The **eight arms** of the star represent the eight desired outcomes of primary school education.

The two **concentric circles** reflect the school's emphasis on an all-rounded education, equipping students with 'roots' and 'wings'.



Our School Vision

Future-Ready Learners, Rooted in Values

Future-ready learners are *reflective contributors* and *compassionate leaders*. They are *confident* and *self-directed* individuals who are able to thrive in a rapidly changing and highly interconnected world.

Learners who are **rooted in values** embrace and *live out* the school values in their daily lives. School desires to see all our learners being *steadfast* and *unwavering* in demonstrating these values.



Our School Mission

Nurturing Future-Ready Learners in a Vibrant Community

We **nurture future-ready learners** by providing *holistic education* with innovative, effective pedagogies and cultivating a **Growth Mindset** in our students.

A **vibrant community** makes *learning an adventure* and promotes *student agency*. We achieve this through designing, creating and building (1) a caring and enabling environment, (2) engaging learning experiences and spaces, and (3) meaningful collaboration with key stakeholders and partners.



Growth Mindset

Stanford University psychologist Carol Dweck's concept of the Growth Mindset is a simple idea:

- - people **believe** that their **most basic abilities can be developed through dedication and hard work**—brains and talent are just the starting point
- - this view **creates a love of learning** and **a resilience that is essential for success in life**



Our School Values



CURIOSITY
We are inquisitive and keen to learn.



RESILIENCE
We rise above challenges and learn from setbacks.



EXCELLENCE
We are the best that we can be.



CARE
We care for self, others and the community.



GRATITUDE
We are thankful and pay it forward.
We show appreciation for self and others.



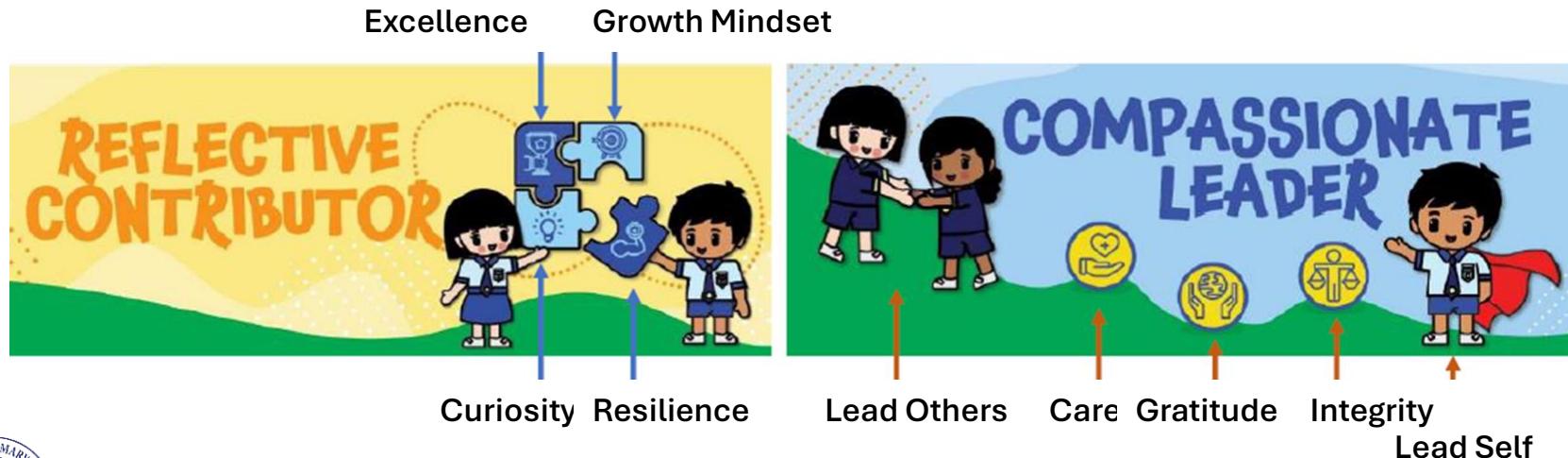
INTEGRITY
We do the right thing even when no one is watching.
We have the courage to stand up for what is right.



Student Outcomes

A **Reflective Contributor** has a **Growth Mindset** towards learning and displays the values of **curiosity, excellence** and **resilience**.

A **Compassionate Leader** is able to **lead self and others** by contributing to the community and displaying the values of **care, gratitude** and **integrity**.





SEMBAWANG PRIMARY STRATEGIC PLAN: 2025 - 2027

VISION

Future-Ready Learners,
Rooted in Values

MISSION

Nurturing Future-Ready Learners
in a Vibrant Community

VALUES

Care, Gratitude, Integrity
Curiosity, Excellence, Resilience

MOTTO

The Best From Me

ST1: Develop Future-Ready Learners as Reflective Contributors and Compassionate Leaders

1.1 Design a Total Curriculum that focuses on Growth Mindset, active learning, and student agency

1.2 Cultivate digital literacy and technological skills, enabling students to be responsible users of technology

1.3 Enhance student well-being for holistic development

ST2: Build Future-Ready Educators by Cultivating a Growth Mindset and Collaborative Culture

2.1 Enhance staff capacity, capabilities and collaboration

2.2 Enhance well-being and engagement

ST3: Enhance Learning Environment Within and Beyond School

3.1 Reimagine learning spaces

3.2 Foster meaningful collaboration with key stakeholders and partners

Overview of Holistic Education @ SBPS



Moral
Character & Citizenship Education,
Form Teacher Guidance Period,
Programme for Active learning



Aesthetics
Art & Craft,
Music
Programme for Active Learning

Holistic Education

Cognitive
English Language ,
Mathematics,
Science
Mother Tongue Language,



Social
Social Studies
Health Education

Physical
Physical Education
Sports and Outdoor Education



School-Home Partnership



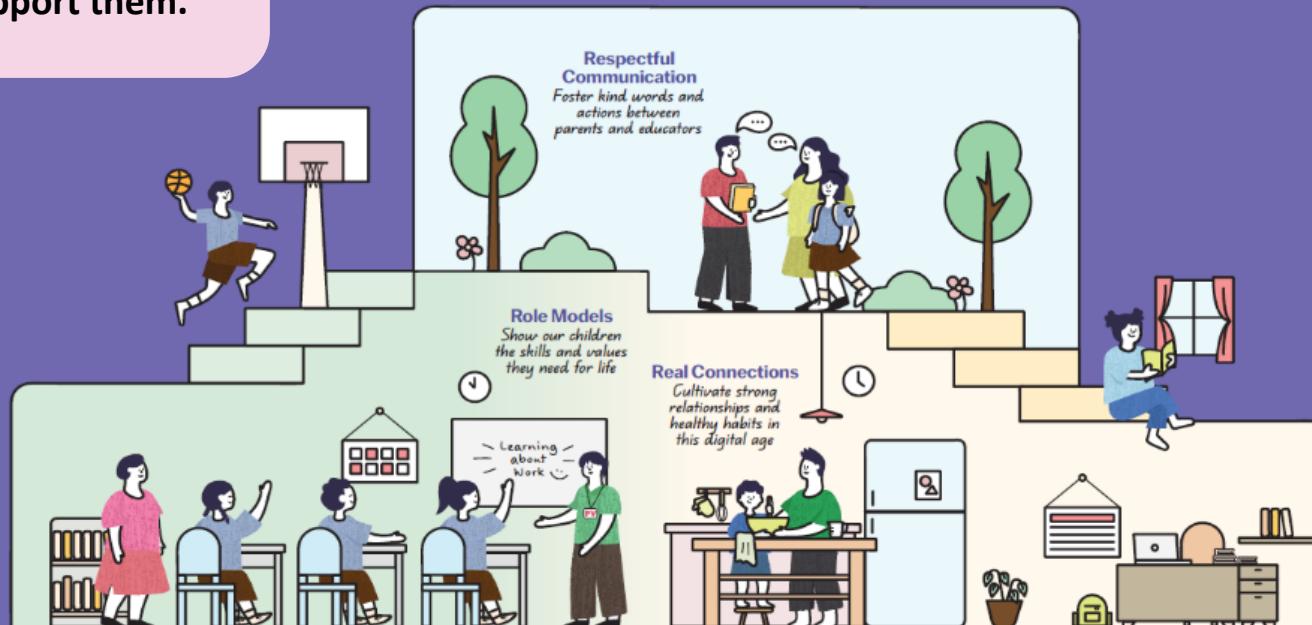
FUTURE-READY LEARNERS, ROOTED IN VALUES
SEMBAWANG PRIMARY SCHOOL

School-Home Partnership

Our children do best when schools and parents work hand in hand to support them.

Guidelines for School-Home Partnership

Raising a Happy, Confident, and Kind Generation Together



3 areas we can work together on to foster School-Home Partnership

1 Respectful Communication

2 Role Models

3 Real Connections



Respectful Communication

**Foster kind words and actions
between schools and educators**



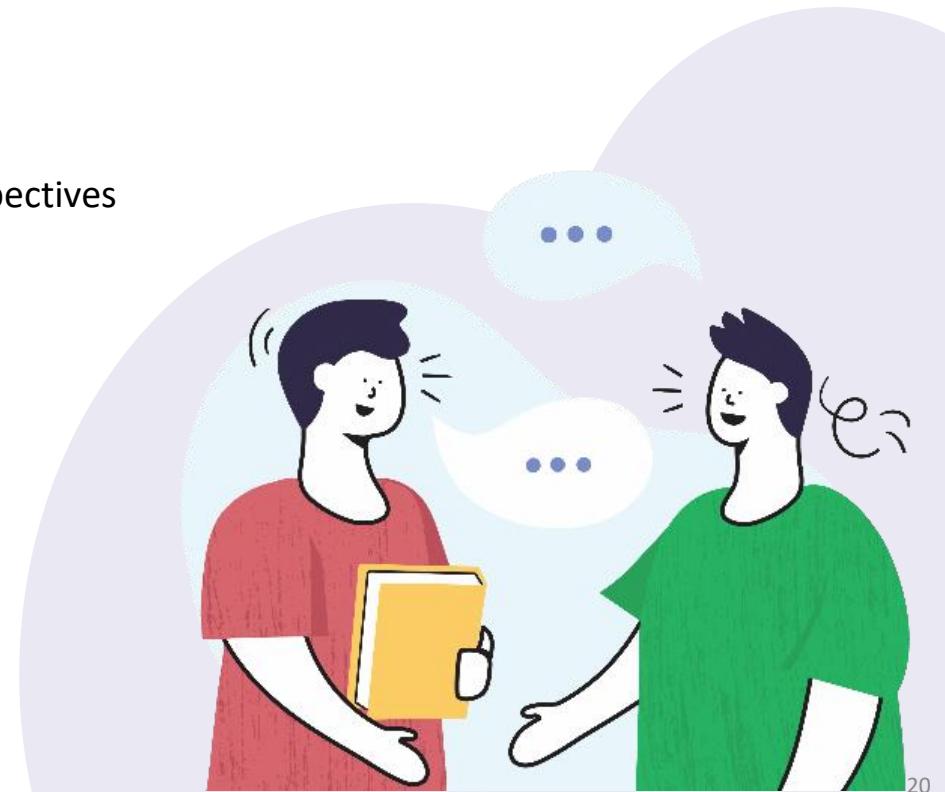
Listen to and understand each other's perspectives and concerns regarding each child



Communicate kindly using official channels. Teachers are not required to share their personal mobile numbers



Respect each other's time by communicating during working hours



Engagement Charter

- The partnership between schools and parents is an essential one.
- By promoting mutual courtesy and respect in our interactions with each other, we can be good role models for our children and build authentic partnerships that will better benefit our children.



Role Models

Show our children the skills and values they need for life



Find joy in everyday experiences with our children



Instill confidence by encouraging responsibility and believing in our children's abilities



Model good values in words and actions

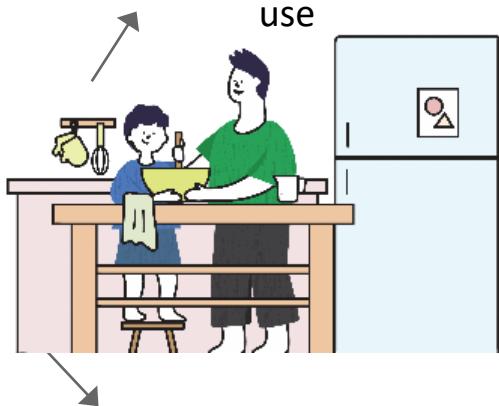


Check out this video on MOE YouTube for tips on how parents can support the social-emotional learning of their children.

Real Connections

Cultivate strong relationships and healthy habits in this digital age

Establish good habits for our children to stay confident and in control of their technology



Provide a balanced mix of engaging online and offline activities, at school and at home

Build strong bonds through shared experiences and meaningful conversations



Building Relationships
Helping Your Child Build Healthy Relationships
Page 20

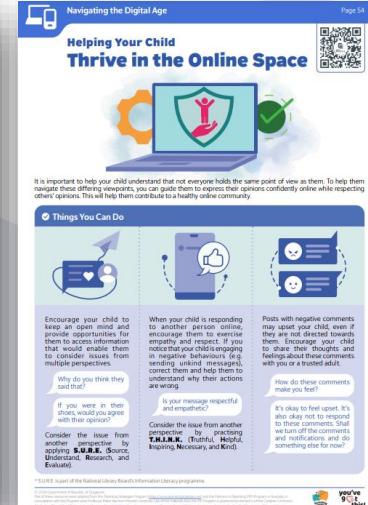
Healthy relationships and supportive networks contribute to your child's overall well-being and allow them to experience a sense of community and belonging.

Things You Can Do

- Expose your child to a range of people and situations.
- For younger children, create opportunities for them to interact with other children of similar ages (e.g. attend school, playgroups).
- For older children, encourage them to make friends with people who have similar interests.
- Encourage your child to strengthen existing friendships.
- Foster healthy relationships with supportive extended family members.
- Encourage your child to stay in touch with their friends and family members, catch up with former classmates, visit teachers, and teachers on Teachers' Day.

Things You Can Say

- Talk to your child about the qualities that make a good friend (e.g. empathy, being respectful), and how to exhibit these qualities.
- When you see your friend struggling, put yourself in their shoes. How would you want a friend to respond to you if you were struggling?
- Older children are often figuring out the balance between being themselves and fitting in with their peers. Encourage your child to let their friends know that they can talk to you if they feel pressurised to act in ways that they are uncomfortable with.
- Encourage your child to keep an open mind and practice active listening when talking to them to access information and ideas. Encourage them to consider others' perspectives.
- Listen to your child's problems and ask probing questions to help them find ways to resolve their friendship issues.
- How has this affected you or your friend?
- What are your expectations of a good friend?
- How can we make things better?



Navigating the Digital Age
Helping Your Child Thrive in the Online Space
Page 54

It is important to help your child understand that not everyone holds the same point of view as them. To help them navigate these differing viewpoints, you can guide them to express their opinions confidently online while respecting others' opinions. This will help them contribute to a healthy online community.

Things You Can Do

- Encourage your child to keep an open mind and practice active listening when talking to them to access information and ideas. Encourage them to consider others' perspectives.
- When your child is responding to another person online, encourage them to show empathy and respect. If you notice your child reacting negatively to negative behaviours (e.g. name-calling, harassment), encourage them to connect them and help them to understand why their actions are wrong.
- Why do you think they reacted this way?
- If you were in their shoes, would you agree with their opinion?
- Is my message respectful and empathetic?
- Consider the issue from another perspective by applying **S.U.B.E.** (Sincere, Useful, Bright, Helpful, Inspiring, Necessary, and Kind).
- Consider the issue from another perspective by applying **T.H.U.K.** (Truthful, Helpful, Inspiring, Necessary, and Kind).
- It's okay to feel upset. It's also okay not to respond to these comments. Shall we block them? Or ignore them and notifications and do something else for now?

Posts with negative comments may upset your child, even if they are not directed at them. Encourage your child to respond respectfully and positively. If your child is feeling upset, encourage them to take a break and talk to a trusted adult.

How do these comments make you feel?

Consider the issue from another perspective by applying **S.U.B.E.** (Sincere, Useful, Bright, Helpful, Inspiring, Necessary, and Kind).

It's okay to feel upset. It's also okay not to respond to these comments. Shall we block them? Or ignore them and notifications and do something else for now?



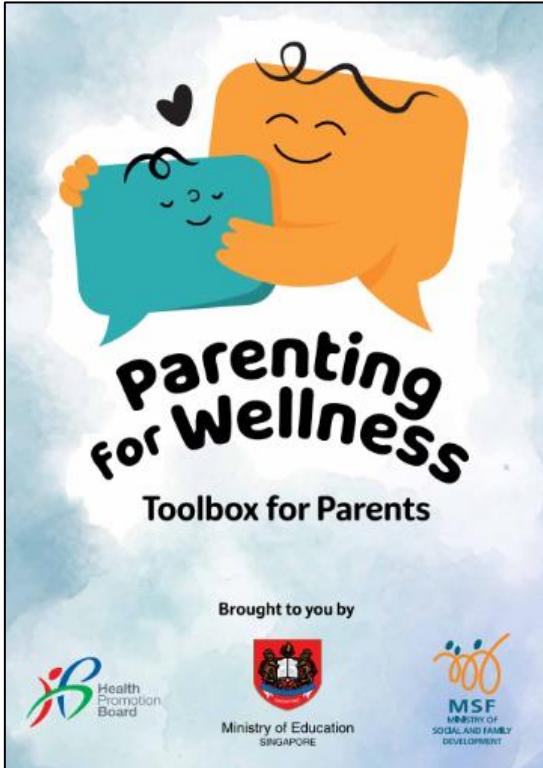
Check Parenting for Wellness Toolbox for conversation starters to facilitate meaningful conversations, and practical strategies on parenting in a digital age.



Join our **Parent Support Group (PSG)**

A team of dedicated parents supporting each other in nurturing their children. Network, share and learn with fellow parents by involving yourself in initiatives such as Parenting Workshops and Career Talks for P5 and P6 students.

Parenting for Wellness Toolbox



An initiative to empower parents with key knowledge and skills to build strong parent-child relationships, strengthen their children's mental well-being and resilience, and parent effectively in the digital age.

The Toolbox for Parents **comprises bite-sized practical tips and strategies for parents**, such as ways to create a safe and nurturing home environment, build resilience in children, and stay safe online.



How can parents help their child develop good digital habits?

- As parents/guardians, you play a significant role in helping your child establish healthy digital habits, and learn to use technology in a positive and meaningful way.
- Here are some ways:
 - Role model good digital habits** for your child/ward (e.g. parents/guardians not using devices during mealtimes).
 - Have regular conversations with your child** to better understand what they do online, how to stay safe and how to use technology in a responsible manner.
 - Discuss and develop a timetable with your child** to moderate their time spent on screens.
- For more content to support your parenting in the digital age and more, please scan the QR code at the top right-hand corner to access the **Parenting for Wellness** Toolbox for Parents.

 Navigating the Digital Age

Helping Your Child Manage Device Use & Stay Safe Online





 **Develop a Family Screen Use Plan**

- A family screen use plan consists of screen use rules, their consequences and screen-free activities that the family can engage in.
- As a family, create your screen use rules by discussing and agreeing on expectations of screen use and the consequences of breaking these rules clearly.

Your screen use rules can include:

-  Device-free times and places
-  Time limit for devices

- “What are some suggestions on when and where devices should not be used?”
- “What should we do if we break our agreement?”
- Decide as a family what screen-free activities you want to engage in, like going outdoors, playing sports or playing board games together.
- “What screen-free activities do you think we can do together?”
- Engaging your child in the process of creating screen use rules and inviting them to suggest activities to do together helps increase their ownership of the whole family screen use plan.
- “What do you think of our screen use rules?”

 **Role Model Behaviours and Have Open Conversations**

- Be consistent in role modelling positive screen use behaviours and habits.
- Engage your child in open conversations about their online activities, how to navigate the online space and its associated challenges. For example:
 - State observation: “I noticed you have been spending a lot of time on your device.”
 - Ask open-ended questions: “What do you usually do on your device?”



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 **you've got this!**

How can parents better support their child's digital habits?

Achieving balanced screen time

- **Screen time** refers to the amount of time spent using devices each day. Having some screen time can be beneficial, such as when your child uses devices to learn and connect with others.
- However, it is important to be aware that **spending an excessive amount of time using devices is unhealthy**, as it is associated with insufficient good quality sleep, sedentary behaviours, increased obesity, and poorer mental health and well-being.
- **Discuss and develop a timetable** with your child to moderate their time spent on screens.
- **Children aged 7 – 12 should have consistent screen time limits.**

Using parental controls to manage device use and stay safe online

- **Parental controls** refer to a group of settings that put you **in control of what your child can see and do on a device or online**.
- Such controls can allow you to **supervise and monitor your child's online activities and protect them** from inappropriate content, online sexual grooming, cyberbullying and other online risks.
- Parental control settings can be used to **monitor and limit screen time** as agreed with the child.

Scan QR code to download the Ministry of Health's Guidance on Screen Use in Children for more information.



How can parents better communicate with their child on digital habits and matters?

Providing a safe space for conversations	<ul style="list-style-type: none">• It can be challenging to grapple with uncomfortable feelings and negative thoughts.• Children may hesitate to share their true thoughts and feelings with their parents, as they may fear being judged or misunderstood.• You can let your child know that it is normal to feel or think the way they do, and that they can feel safe expressing themselves with you.
Role modelling respectful conversations	<ul style="list-style-type: none">• When your child learns to engage in respectful conversations, they become a better communicator and friend.• Parents are in the best position to role model these skills through daily interactions with your child.• Listen to understand, instead of listening in order to give advice and offer solutions.
Have regular and open conversations	<ul style="list-style-type: none">• Have regular conversations to better understand what your child does online.<ul style="list-style-type: none">• Is it school work or are they engaging in recreational activities?• For example:<ul style="list-style-type: none">• State observation: “I noticed you have been spending a lot of time on your device.”• Ask open-ended questions: “What do you usually do on your device?”• Communicate your actions and rationale. Let your child know you care for them and want them to be safe online.

Additional Resources:



Parenting for Wellness



For more bite-sized resources (practical tips and strategies) on building strong parent-child relationships, supporting your child's mental well-being and parenting in the digital age, scan the QR code above to download a copy of the **Parenting for Wellness Toolbox for Parents**.

The **Parenting for Wellness website** was rolled out in 2025 on Parent Hub (hosted by HPB) for personalised access to the full suite of parenting resources!



Check out Parenting Resources on Parents Gateway (PG)

Repository of parenting resources

A repository for parents to browse resources on topics such as forging parent-child relationships and education pathways.

The screenshot shows the Parents Gateway homepage. At the top, there are two tabs: 'FOR YOU' (which is selected) and 'EXPLORE'. Below this is a 'Highlights' section featuring a resource card for 'Refreshed Guidelines for School-Home Partnership'. The card includes the date 'Thu, 10 Oct 2024', the title 'Refreshed Guidelines for School-Home Partnership', and a brief description: 'Guidance on how parents and schools can work together positively and respectfully'. Below this is a section titled 'Based on your preferences' with three categories: 'Cyber wellness' (selected), 'Interpersonal skills', and 'Managing emotions'. A large image of a person interacting with a digital screen is displayed. At the bottom of the page are navigation icons for 'HOME', 'CONTACTS', 'SERVICES', 'PARENTING' (which is circled in blue), and 'PROFILE'.

The screenshot shows the 'Education Stages' page. At the top, there are tabs for 'Pre-school', 'Preparing for Primary 1' (which is selected and highlighted in orange), and 'Lower Prima'. Below this is a section titled '13 resources available' featuring a resource card for 'P1 cheat sheet: How to pick and pack your schoolbag'. The card includes the date 'Thu, 2 December 2021', the title 'P1 cheat sheet: How to pick and pack your schoolbag', and a brief description: 'Learn how you can guide your Primary 1 child to pick and pack their schoolbag'. At the bottom of the page is a 'PARENT KIT' card for 'Starting Your Primary 1 Journey'.



Find out more about Parents Gateway here.

Check out more resources from MOE

Parent Kit



Parent Kit

www.moe.gov.sg/parentkit

Each Parent Kit issue contains bite-sized actionable tips with supporting resources for parents to help them support their child in their education journey.

MOE Social Media Platforms



www.instagram.com/parentingwith.moesg



[www.instagram.com/
moesingapore](http://www.instagram.com/moesingapore)



www.facebook.com/moesingapore



[www.youtube.com/
moespore](http://www.youtube.com/moespore)

Points to note:

- Students' Handbook
 - Complete the personal particulars on page 1.
- SBPS Tote Bag
 - Label with child's name
- School Hours
 - 5 Jan to 9 Jan (7.30 a.m. to 1.00 p.m.)
 - 12 Jan onwards (7.30 a.m. to 1.20 p.m.)



Form Teachers

Class	Form Teachers
1 Care	Miss Shirin Irfana Binte Iskander Shah Ms Kong Jia Yee
1 Curiosity	Mdm Jamaliah Binte Ismail Ms M Buvaneswari
1 Excellence	Mr Kelvin Toh Chong Han Ms Zulaika
1 Gratitude	Mdm Zheng Hongyu Mdm Nor Afidah Binte Jaafar (Level Manager)
1 Integrity	Mdm Siti Fatihah Bte Yazid Khan S Surattee Ms Chan Pei Kee
1 Resilience	Ms Karen Mdm Insyirah Binti Mohamad Ali
1 Respect	Ms Chan Mun Jeeng Dana Mdm Chionh Siew Chern



Thank You



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